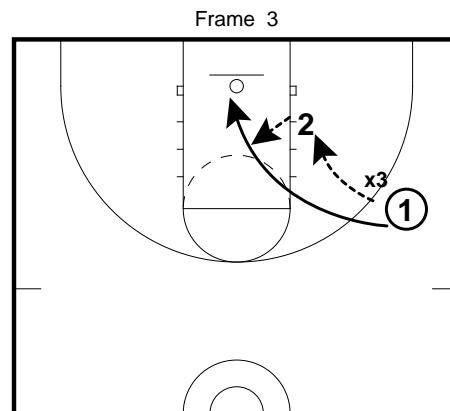
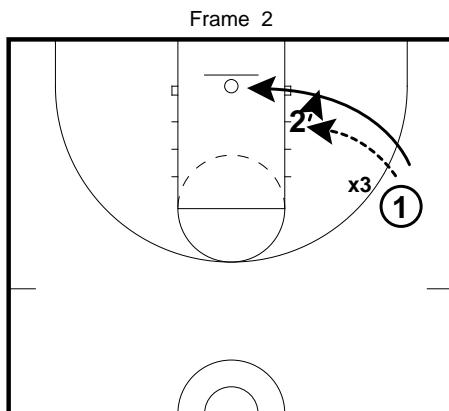
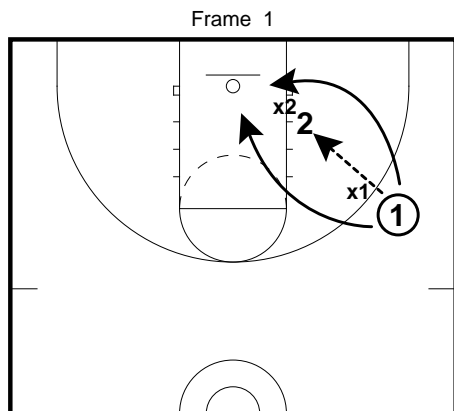


Layer 3 - Post Pass And Cut (Laker Cuts)



Layer 3 - Post Passing (Laker Cuts)

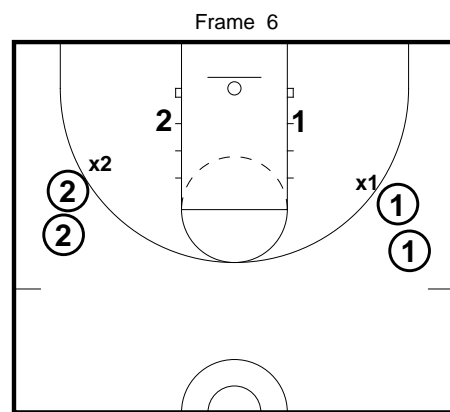
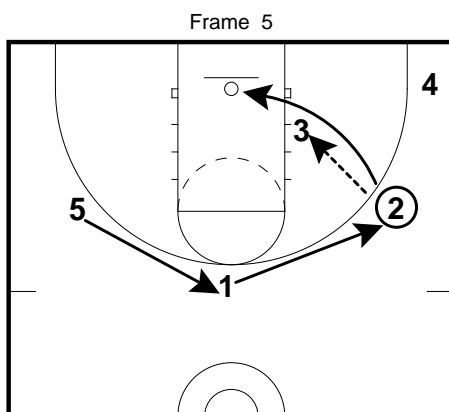
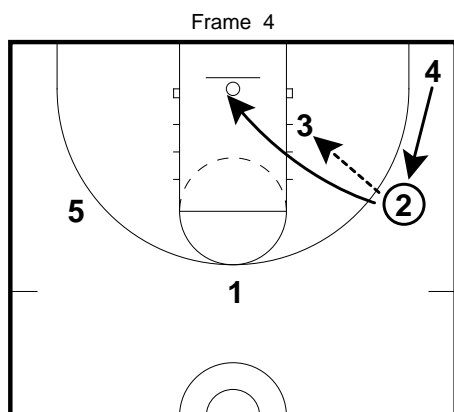
- Any time that a player passes into the post, they must basket cut just as if they passed to a perimeter player. They have two options.

Laker Cut Low

- If you pass it to the post on the high side, you will then make a Laker Cut Low.

Laker Cut High

- If you pass to the post on the baseline side, you will make you Laker Cut High.



Filling Spots After The Laker Cut -

In this situation, #2 passes to the post and makes a Laker Cut High. This would pull #4 from the corner to fill the open spot.

In this situation, #2 passes to #3 and makes a Laker Cut Low. This action will pull #1 from the top spot to fill the wing. #5 will fill as well.

In both situations, if #3 passes the ball out of the post, they can choose to stay in the post or move out to fill the open spot.

Laker Cut Drill

- Line on the wings with a ball.
- Defender on the ball.
- One person in the post.
- Pass to the post, cut high or low and score.
- Go for 1-2 minutes then switch sides.

Rotation

- Defense to end of the line, post to defense, shooter to post. New person in on offense as cutter.