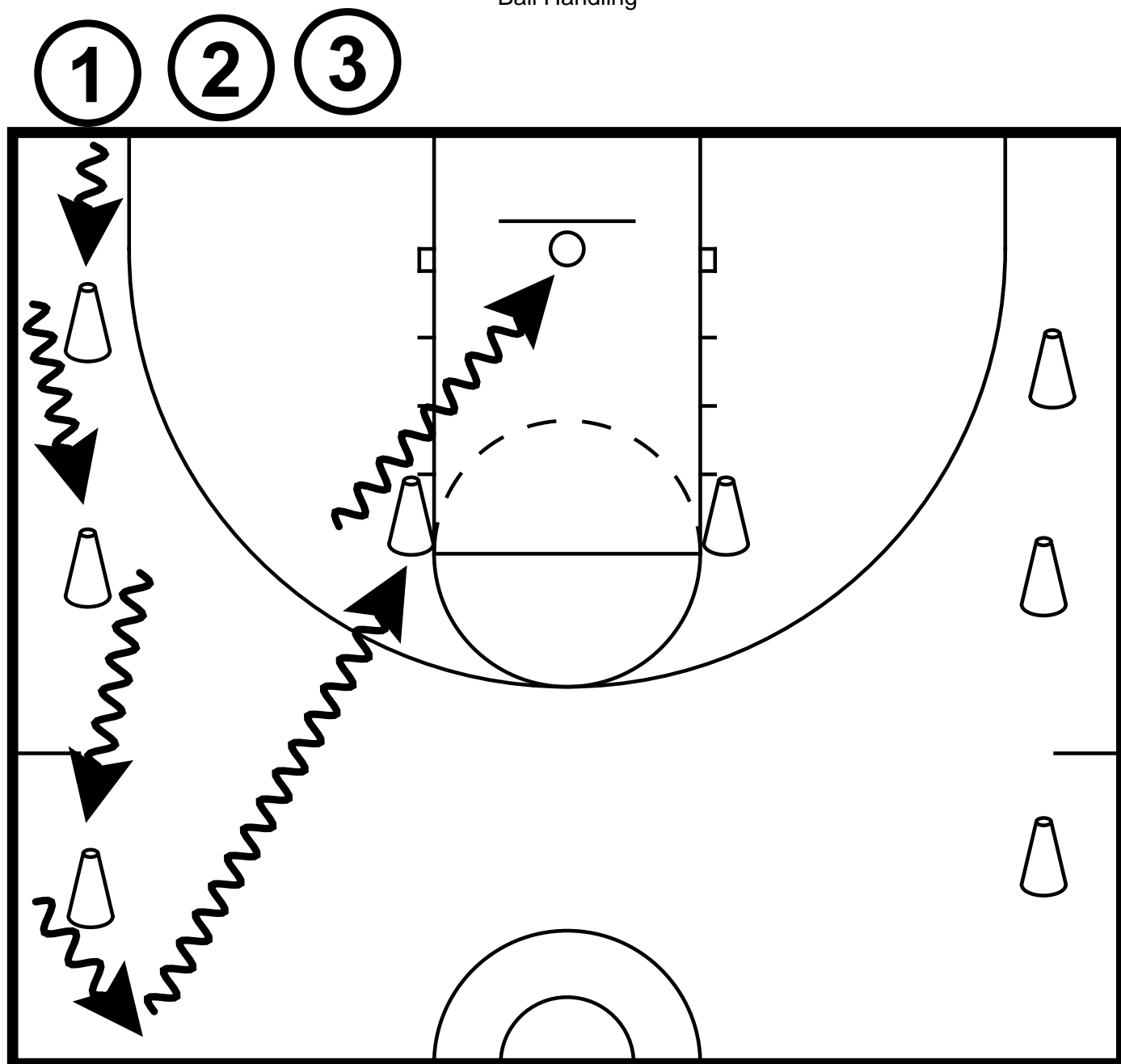


# Plymouth Panthers

## 4 Cone & Finish Drill Ball Handling



- \* Everyone has a ball.
- \* All start in triple threat.
- \* Moves
  1. Cross Over
  2. BTL
  3. BTB
  4. A&R
- \* Cross Over @ elbow cone an finish.
- \* Repeat move on the left side.
- \* Change up the way you finish.

